

BETH A. FIRESTEIN

Mailing Address

1104 N. Grant Ave.
Loveland, CO 80537
e-mail: firewom@webaccess.net

Office Location

504 W. Eisenhower, #202
Loveland, CO 80537
ph: (970) 635-9116
fax: (970) 667-4115

EDUCATION

Ph.D. 1987 Counseling Psychology (APA approved)
The University of Texas at Austin

Dissertation: Abuse, Social Support and the Psychological Health of
College Women in Dating Relationships

M.A. 1982 Educational Psychology, Specialty: Counseling
The University of Texas at Austin

B.A. 1978 Psychology, Minors: Political Science, Education
Southern Methodist University, Dallas, Texas

LICENSURE

Psychologist, State of Colorado, CO Lic. #1827
Psychologist, State of Missouri, MO Lic. #PY R0331
National Register of Health Service Providers in Psychology
EMDR Level II therapist

PROFESSIONAL EXPERIENCE

2001-present GENDER SOLUTIONS. "Helping companies create a winning workplace
for transgender employees and their coworkers." Consulting firm.

1996-present INNER SOURCE PSYCHOTHERAPY AND CONSULTATION SERVICES.
Loveland, CO. Private psychotherapy practice.

1986-1996 Counseling Psychologist. COUNSELING CENTER, Southern
Illinois University-Carbondale, Carbondale, Illinois.

1986-1996 Director. WOMEN'S SERVICES, Southern Illinois University
Carbondale, Illinois.

1994 Visiting Scholar. DEPARTMENT OF PSYCHOLOGY. Colorado State
University. Fort Collins, Colorado. (On leave from SIUC).

1989-1994 Adjunct Faculty. DEPARTMENT OF PSYCHOLOGY, Southern Illinois University, Carbondale, Illinois.

1989-1996 Psychologist. PSYCHOTHERAPY ASSOCIATES, Carbondale, IL.

PRE-DOCTORAL PSYCHOTHERAPY EXPERIENCE AND TRAINING

1985-1986 Internship. UNIVERSITY COUNSELING CENTER, Colorado State University, Fort Collins, Colorado. (APA approved) Provided individual and group psychotherapy; intake, assessment and case assignment; 24-hour emergency and crisis intervention. Supervision of doctoral students in Counseling Psychology; liaison to office of Women's Programs; needs assessment, outreach, consultation.

1985-1986 Volunteer. CROSSROADS SAFEHOUSE, Fort Collins, Colorado. Cofacilitated community support group for battered women in and emerging from abusive relationships.

Spring 1985 Practicum. AUSTIN STATE HOSPITAL, Austin, Texas. Conducted intakes, psychological and suicide assessments; administered, scored and interpreted psychological test batteries; prepared written test reports; individual and group psychotherapy with inpatient adult population; case management, active member interdisciplinary treatment team.

Spring 1985 Support group leader. WOMENSPACE, UNIVERSITY YWCA, Austin, Texas. Developed and led a six-week support group for women who had recently ended an intimate relationship.

Spring 1984 Practicum. GIRLSTOWN, U.S.A., Austin, Texas. Provided individual, group therapy for sexually abused adolescent girls in residential treatment; case consultation, treatment team; designed, implemented program evaluation project concerning staff needs.

Spring 1984 Family therapy practicum. ADVANCED FAMILY/SYSTEMS THERAPY. University of Texas at Austin, Austin, Texas. Conducted brief, strategic psychotherapy utilizing Milan team approach and consultation with one-way mirror.

1982-1983 Practicum. COUNSELING-PSYCHOLOGICAL SERVICES CENTER, University of Texas at Austin, Austin, Texas. Provided individual and group psychotherapy; co-led structured group on Communication Skills development.

- 1981-1982 Practicum. CAREER CHOICE INFORMATION CENTER, University of Texas at Austin. Counseled students with educational and career concerns; assisted students with resume preparation, job-hunting, interview skill development.
- 1979-1981 Graduate Women's Support Group, Austin, Texas. Coinitiated development of a personal and professional issue-focused support group for graduate women; shared leadership.
- Spring 1979 Cofacilitator. COUNSELING-PSYCHOLOGICAL SERVICES CENTER, University of Texas at Austin. Assisted with leadership of structured group dealing with issues of jealousy in self or partner.

AWARDS AND HONORS

Communi-T Service Award, Gender Identity Center, 1998
 Distinguished Publication Award, Assoc. for Women in Psych., 1997
 University Woman of Distinction, Southern Illinois Univ., 1996
 Annual Student Research Prize, First Place, for Outstanding Research on Women and Gender; Association for Women in Psychology and Division 35 of the American Psychological Association, 1987
 Outstanding Young Woman of America, 1987, 1988
 Phi Beta Kappa, Southern Methodist University, Dallas, Texas 1978
 Kappa Delta Pi, University of Texas at Austin, 1987
 University Fellowship, University of Texas at Austin, 1978-1979
 Phi Kappa Phi, Southern Methodist University, Dallas, Texas 1978
 University Scholarship, Southern Methodist University, 1975-1978
 Departmental Distinction in Psychology, Southern Methodist Univ., 1978

PUBLICATIONS

REFEREED JOURNALS

- Firestein, B. (1999). New perspectives on group treatment with women of diverse sexual identities. Journal for Specialists in Group Work, 24(3), 306-315.
- Firestein, B. (2001). Beyond STD prevention: Implications of the new view of women's sexual problems. Women and Therapy, 24(1/2), 27-31.

BOOKS

- Firestein, B., Ed. (1996). Bisexuality: The psychology and politics of an invisible minority. Thousand Oaks, CA: Sage.

1997 Distinguished Publication Award

BOOK CHAPTERS AND COMMENTARIES

- Firestein, B. (1991) (Published under Ann Fox). Development of a bisexual identity: understanding the process. In L. Hutchins and L. Kaahumanu (Eds.), Bi Any Other Name, (pp. 29-36). Boston, MA: Alyson.
- Firestein, B. (1996). Introduction. In B. Firestein, Ed., Bisexuality: The psychology and politics of an invisible minority. (pp. xix-xxvii). Thousand Oaks, CA: Sage.
- Firestein, B. (1996). Bisexuality as paradigm shift: Transforming our disciplines. In B. Firestein, Ed., Bisexuality: The psychology and politics of an invisible minority. (pp. 263-291). Thousand Oaks, CA: Sage.
- Firestein, B. (1996). (Published under Ann Fox). Development of a bisexual identity: Understanding the process. In M. Adams, P. Brigham, P. Dalpes, & L. Marchesani, Eds. (1996), Social Diversity and Social Justice: Gay, Lesbian, and Bisexual Oppression (pp. 29-33). Dubuque, IA: Kendall/Hunt Publishing.
- Firestein, B. (1996). Case Commentary 2. In the therapy room: Married with children. Case by John Patten. In the Family: A magazine for lesbians, gays, bisexuals and their relations, 1(3), 25.
- Firestein, B. (2001). Out of the closet and into the center: Women's centers serve lesbian and bisexual women. In S. Davie (Ed.), University and College Women's Centers: A Journey Toward Equity (pp. 227-255). Westport, CN: Greenwood Press.
- Firestein, B. (2001). Empowering ourselves and each other: Counseling services for women at the college and university women's center. In S. Davie (Ed.), University and College Women's Centers: A Journey Toward Equity (pp. 333-362). Westport, CN: Greenwood Press.
- Firestein, B. (2001). The new face of the academy: Women's centers and the non-traditional age woman student. In S. Davie (Ed.), University and College Women's Centers: A Journey Toward Equity (pp. 259-303). Westport, CN: Greenwood Press.
- Firestein, B. (2003). Reactions to a Counseling/Therapy Group Vignette: An Adolescents Boys Group: A Missing Member. In J. L. DeLucia-Waack & J. Donigian (Eds.). The practice of multicultural group work: Visions

and perspectives from the field. (pp. 222-229). Monterey, CA: Wadsworth Press.

Firestein, B. (2003). Reactions to a Counseling/Therapy Group Vignette: A Women's Eating Disorders Group: To blame or not to blame. In J. L. DeLucia-Waack & J. Donigian (Eds). The practice of multicultural group work: Visions and perspectives from the field. (pp. 275-283). Monterey, CA: Wadsworth Press.

PROFESSIONAL NEWSLETTERS, MAGAZINES, NONREFEREED JOURNALS

Firestein, B. (1995). Report from Beijing: NGO Forum on Women and United Nations Fourth World Conference on Women. LinC, November, 3.

Firestein, B. (1996). Looking at the world through women's eyes. Women of China.

Bitner, J. & Denton, J. (1997). Bisexual Realities: Finding our voices. Anything that Moves, 14, 21-24. (Interview with Beth Firestein).

Firestein, B. (1997). Caught in the middle: Caring for both parents and children. Fort Collins-Loveland Parent, 2(3), 9.

REVIEWS

Firestein, B. (1997). The Bisexual Challenge: Is the issue bisexuality, or is it lesbianism? (Review of Bisexuality and the Challenge to Lesbian Politics: Sex, Loyalty, and Revolution) Journal of Sex Research, 34(1) 107-110.

MANUSCRIPTS INVITED OR ACCEPTED AND IN PROGRESS

Firestein, B. (in press) Cultural Contexts of Bisexual Women. In R. M. Perez, K. A. DeBord, & K. J. Bieschke, (Eds.) Handbook of Counseling and Psychotherapy with Lesbian, Gay, and Bisexual Clients (2nd ed.). Washington, DC: American Psychological Association.

Firestein, B. (Ed.) Handbook for Psychotherapy with Bisexual Clients. (2 volumes: Lifespan and Multicultural). Manuscript in preparation.

INVITED PRESENTATIONS

Firestein, B. (1989). Abuse, social support and the psychological health of college women in dating relationships. Student Research Prize for

- Outstanding Research on Women and Gender. Award Winner's Address. Presented at the 14th annual Association for Women in Psychology, Providence, RI.
- Firestein, B. (1993, June). The Psychology of Domestic Violence. Invited Address. Impact on the Future: Domestic Violence Legislation Update, sponsored by the office of Roland Burris, Attorney General of Illinois. Springfield, IL.
- Firestein, B. (1994, September). Strengthening Healthy Resistance and Courage in Girls. Invited panelist. Panel on Gender Equity at Rocky Mountain Area Council meeting of Boys and Girls Clubs of America. Denver, CO.
- Firestein, B. (1996, September). Clinical Issues in Working with Bisexual Clients. Invited trainer. Psychological Services Center, Colorado State University, Ft. Collins, CO.
- Firestein, B. (1996, October). Bisexuality Panel & Book signing." Stone Lion Bookstore, Fort Collins.
- Firestein, B. (1996, October). Bisexuality. National Coming Out Week, Student Organization of Gay, Lesbian, and Bisexual Students, Colorado State University, Ft. Collins, CO.
- Firestein, B. (1996, October). Bisexual Issues in Marriage and Family Therapy. Invited Lecture. Denver University Marriage and Family Program. Denver, CO.
- Firestein, B. (1996, October). Perspectives on Bisexuality. Invited panelist. PFLAG, Boulder, CO.
- Firestein, B. (1996, October). Dating in the 90's for Gay Men. Invited presentation. Lambda Community Center, Ft. Collins, CO.
- Firestein, B. (1996, December). Spiritual Dimensions of Psychotherapy. Invited presentation. Alternative Health Dialogue, Loveland, CO.
- Firestein, B. (1996, December). Bisexuality: Promiscuity or Promise-for-Unity. Invited presentation. Lambda Community Center, Ft. Collins, CO.
- Firestein, B. (1996). Understanding Bisexuality. Invited presentation. PFLAG, Evergreen, CO.
- Firestein, B. (1996, July). Bisexuality Panel Discussion. Invited panelist. Voices of Faith Conference. Denver, CO.

- Firestein, B. (1997, January). Preventing Burnout in Helping Professionals. Invited Trainer. House of Neighborly Service staff. Loveland, CO.
- Firestein, B. (1997, January). Exploding the Beauty Myth. Invited presentation. Women's Resource Center. University of Colorado, Boulder, CO.
- Firestein, B. (1997). Journey to a Bisexual Identity. Invited presentation. Sexual Diversity Panel. SGI Buddhist Organization, Denver, CO.
- Firestein, B. (1997, February). Bisexuality: Current Issues and Perspectives. Invited presentation and author panel on Bisexuality: The Psychology and Politics of an Invisible Minority. Institute for the Advanced Study of Human Sexuality, San Francisco, CA.
- Firestein, B. (1997, February). Overcoming Prejudice and Discrimination. Invited Trainer for Northern Colorado AIDS Project (NCAP) volunteers. Ft. Collins, CO.
- Firestein, B. (1997, March). Bisexuality: A Feminist Vision of Choice and Change. Distinguished Publication Award Winners Invited Address. 21st Annual meeting of the Association for Women in Psychology, Baltimore, MD.
- Firestein, B. (1997, March). Bisexuality: Beyond the Dichotomy of Gay and Straight. Invited lecture. Metropolitan State College, Denver, CO.
- Firestein, B. (1997, March). Sexual Diversity Panel. Unitarian Church, Ft. Collins, CO.
- Firestein, B. (1997, April). Women, Self-Esteem, & Relationships. Invited Lecture for Women at Noon, Colorado State University Ft. Collins, CO.
- Firestein, B. (1997, April). Developing a Positive Bisexual Identity. Invited workshop. BGLAD Week. Colorado State University, Ft. Collins, CO.
- Firestein, B. (1997, April). Therapeutic Conceptualization and Intervention with Bisexual Clients. Invited trainer. Intern Seminar. Colorado State University, Ft. Collins, CO.
- Firestein, B. (1997, April). Women, Self-Esteem, & Relationships. Invited Lecture for Women at Noon, Colorado State University Ft. Collins, CO.

- Firestein, B. (1997, May). Boost Your Self-Esteem: Women, Self-Esteem & Relationships. Invited presentation for Alternatives to Violence. Loveland, CO.
- Firestein, B. (1997, June). Queer in Ft. Collins: Bisexuality and Gay Issues. Invited book signing and panel. Barnes and Noble, Fort Collins, CO.
- Firestein, B. (1997, July). Addressing GLB Issues in HIV/AIDS Education. Invited trainer. NCAP Speaker Training (Northern Colorado AIDS Project), Ft. Collins, CO.
- Firestein, B. (1997, September). Therapeutic Issues in Counseling Couples with a Bisexual Partner. Invited Trainer. Intern Seminar, Part II, Colorado State University. Ft. Collins, CO.
- Firestein, B. (1997, October). Understanding Depression. Invited presentation. Ferguson High School. Loveland, CO.
- Firestein, B. (1997, November). Invited Discussant. Discussion on Bisexuality. BGLAD Week, Colorado State University, Ft. Collins, CO.
- Firestein, B. (1997, December). Invited presenter. Managing Depression during the Holidays. Kiwanis Club. Loveland, CO.
- Firestein, B. (1998, February). Understanding Bisexuality. Invited presenter. PFLAG, Estes Park, CO.
- Firestein, B. (1998, October). Understanding Bisexuality. Invited presenter. PFLAG (Parents and Friends of Lesbians and Gays). Ft. Collins, CO.
- Firestein, B. (1998, December). Grief, Coping & Individual Differences. Invited presentation for Ferguson High School. Ft. Collins, CO.
- Firestein, B. (1999, January). Women and Self-Esteem. Invited presenter. Alternatives to Violence. Loveland, CO.
- Firestein, B. (1999, April). Managing Counselor Stress with Tough Clients. Invited trainer. Project Self-Sufficiency, Loveland, Colorado.
- Firestein, B. (1999, April). Bisexuality. Invited presenter. Student Org of GLB Students, Colorado State University, Ft. Collins, CO.
- Firestein, B. (1999, May). Bisexuality and Coming Out. Invited speaker. PFLAG, Ft. Collins, CO.

- Firestein, B. (1999, October). Understanding the Bisexual Employee. Invited presenter. Hewlett-Packard Corporation, Greeley, Colorado.
- Firestein, B. (2000, January). Coming Out Bisexual. Invited speaker. PFLAG, Boulder, CO.
- Firestein, B. (2000, Feb). Effective Counseling with Bisexual Clients. Invited Trainer. Colorado State University Intern Seminar. Ft. Collins, CO.
- Firestein, B. (2000, March). From Dark Night of the Soul to Self-Celebration. Invited workshop. Colorado Gold Rush, Denver, CO.
- Firestein, B. (2000, March). Bisexuality: The psychology and politics of an invisible minority. Book signing event. Invited author. Colorado Gold Rush, Denver, CO.
- Firestein, B. (2000, March). Difficult Dialogues. Invited Plenary Session panelist. Association for Women in Psychology 25th Annual Meeting, Salt Lake City, UT.
- Firestein, B. (2000, April). Enhancing Self-Esteem. Invited Presenter. Alternatives to Violence, Loveland, CO.
- Firestein, B. (2000, April). Transgender Issues and Identities. Invited panelist. Uncommon Ground, Denver, CO.
- Firestein, B. (2000, April). The Transgendered Experience: Transgendered Voices Panel. Invited panelist. Lambda Rising Conference, CU-Boulder. Boulder, CO.
- Firestein, B. (2000, April). GLB Issues in Counseling. Invited trainer. Psychological Services Center, Colorado State University, Ft. Collins, CO.
- Firestein, B. (2000, June). Lesbian/Bisexual Dialogue: History of Lesbian/Bisexual Relations. Invited presenter. Collar, Denver, CO.
- Firestein, B. (2000, June). Crisis Management and Client Intervention. Invited Consultant. Women's Center, Loveland, CO.
- Firestein, B. (2000, October) Psychotherapy with Transgender Clients. Invited Trainer. Colorado State University Intern Seminar, Ft. Collins, CO.

- Firestein, B. (2000, October) Bisexuality, Sex Positivism, and the New Frontiers of Intimacy. Invited speaker. PFLAG (Parents and Friends of Lesbians and Gays), Ft. Collins, CO.
- Firestein, B. (2001, June). American Approaches to Psychology. Invited Address to the American Center. Moscow, Russia.
- Firestein, B. (2002, June). Loving the Spaces Between: Sexual Identity, Gender Fluidity, and Desire. Invited Plenary Session Panelist. Association for Women in Psychology Diversity Institute, Vancouver, BC.
- Firestein, B. (2002, August). Panel Discussion & Book signing for Lesbian, Gay, Bisexual, Transgender, Intersex (LGBTI) Health Summit. Invited author. University of Colorado at Boulder, Boulder, CO.
- Firestein, B. (2003, February). Bisexuality. Invited presenter. PFLAG, Ft. Collins, CO.
- Firestein, B. (2003, February). Effective Counseling with Bisexual Clients. Invited Trainer. Colorado State University Intern Seminar. Ft. Collins, CO.
- Firestein, B. (2003, August). Contours of Courage. Invited panelist. Bisexual Health Summit. Panel: Bi Mental Health and Community Outreach. North American Bisexual Conference, San Diego, CA.
- Firestein, B. (2003, November). Planning your holiday journey: Managing holiday stress. Invited presenter. Northern Colorado AIDS Project (NCAP) Men's Group, Ft. Collins, CO.

PRESENTATIONS, PANELS, WORKSHOPS, AND PAPERS

- Firestein, B. (1978). Myths about Rape: An empirical study. Presented at Southwest Psychological Association. San Antonio, TX.
- Firestein, B. (1987). Abuse, social support and the psychological health of college women in dating relationships. Presented at the 95th annual meeting of the American Psychological Association. New York City, New York.
- Firestein, B. (1987). Counseling Center's Response to Students in Violent Relationships. SIU-C, Carbondale, IL.
- Firestein, B. (1988). Challenges for new professionals. Presented at the American Psychological Association Central Midwestern Regional Conference, IL.

- Firestein, B. (1988). Images of Women: the impact of advertising". Eating Disorder Awareness Week, Southern Illinois University at Carbondale. Carbondale, IL.
- Firestein, B. (1988, April). Women and Graduate School. Panelist. SIU-C, Carbondale, IL.
- Firestein, B. (1988). Television Interview: Eating Disorders. Program: Medically Speaking, WSIU-TV, SIU-C, Carbondale, IL.
- Firestein, B. (1988). Eating Disorders. Program: Nutrition for Life, Cable Television, Channel 33, SIU-C, Carbondale, IL.
- Firestein, B. (1989). Religious Responses to the AIDS Crisis. AIDS Awareness Week. SIU-C, Carbondale, IL.
- Firestein, B. (1989). Images of Women: the impact of advertising. Eating Disorder Awareness Week, Southern Illinois University at Carbondale. Carbondale, IL.
- Firestein, B. (1989). Violence in Dating Relationships: When love hurts. SIU-C, Carbondale, IL.
- Firestein, B. (1989, May). Dating Violence. Carbondale Community High School. SIU-C, Carbondale, IL.
- Firestein, B. (1990, March). Diversity among Jewish women: reclaiming our Jewish identity. Presented at 15th annual meeting of the Association for Women in Psychology. Tempe, AZ.
- Firestein, B. (1990). Women's spiritual journeys. Unitarian Women's Retreat. Carbondale, IL.
- Firestein, B. (1990, February). Relationship Addiction. SIU-C, Carbondale, IL.
- Firestein, B. (1990, April). Spectrums of Sexuality Panel. SIU-C, Carbondale, IL.
- Firestein, B. (1990, October). Rape on Campus: How is SIUC Responding? Women's Caucus. SIU-C, Carbondale, IL.
- Firestein, B. (1991). View from Another Closet: The Bisexual Option. SIU-C, Carbondale, IL.
- Firestein, B. (1992, March). Preventing Burnout in Help Providers. Women's Services Inservice. SIU-C, Carbondale, IL.

- Firestein, B. (1992). Psychopharmacology: Medication and Referral Basics," Women's Services Staff Training, SIU-C Carbondale, IL.
- Firestein, B. (1992). Dealing with Difficult People. Student Affairs Staff Development. SIU-C, Carbondale, IL.
- Firestein, B. (1992, April). Understanding Bisexuality. SIU-C, Carbondale, IL.
- Firestein, B. (1992, September). Presenting Women's Services. Women's Caucus. SIU-C, Carbondale, IL.
- Firestein, B. (1992, September). Issues of Death and Dying. SRA Staff Training, Carbondale, IL.
- Firestein, B., Wessel, K. & Mullison, D. (1992, October). Building Effective Campus Community Collaboration. Presented at the Second International Conference on Campus Sexual Assault. Orlando, FL.
- Firestein, B. (1993). Women in Love Relationships. SIU-C, Carbondale, IL.
- Firestein, B. (1993, March). Lesbian and Bisexual Identity Development. SIU-C, Carbondale, IL.
- Firestein, B. (1993). Men's Issues. Intern Seminar. SIU-C, Carbondale, IL.
- Firestein, B. (1993, April). Sexual Assault on Campus. Invited presentation for Program Directors. SIU-C, Carbondale, IL.
- Firestein, B. (1993, April). Sexual Communication. SIU-C, Carbondale, IL.
- Firestein, B. (1993, May). Teaching and Understanding Diversity: Race, class, and sexual orientation. SIU-C, Carbondale, IL.
- Firestein, B. (1993, September). Confidentiality, Ethics and Professional Behavior. Women's Services Staff Training. SIU-C, Carbondale, IL.
- Firestein, B. (1993, September). Preventing Acquaintance Rape. SIU-C, Carbondale, IL.
- Firestein, B. (1993, November). Psyche and Soma: Treating the whole woman student. 28th Annual meeting of the Mid-America College Health Association, Mt. Vernon, IL.

- Firestein, B. (1993). "Why am I Hiding?" video and discussion on Sexual Assault. SIU-C, Carbondale, IL.
- Firestein, B. (1994, March). The Psychology and Politics of Bisexuality: Working Effectively with Bisexual Clients. Presented at 19th annual conference of the Association for Women in Psychology. Oakland, CA.
- Firestein, B. (1994). Bisexuality as a Form of Cultural Diversity. Lecture for Introduction to Psychology. Colorado State University, Ft. Collins, CO.
- Firestein, B. (1995, February). Bisexuality: Promiscuity or Promise-for-Unity? Building Queer Success in the Midwest: Midwest Bisexual, Lesbian & Gay College Conference, SIU-C, Carbondale, IL.
- Firestein, B. (1997, February). Book signing and author panel, Bisexuality: The Psychology and Politics of an Invisible Minority. A Different Light Bookstore, San Francisco, CA.
- Firestein, B. (1997, April). Bisexuality as Paradigm Shift. Fifth Annual Lambda Rising Conference. Boulder, CO.
- Firestein, B. (1998, October). Exploring the Gender Continuum. Colorado Gold Rush. Denver, CO.
- Firestein, B. (1998, January). Mixed Orientation: Therapy with Couples When One Partner is Bisexual. Out in the Open: In the Family Conference. San Francisco, CA.
- Firestein, B. & Speyer, E. (1998, March). Sexual Diversity: Similarities and differences among women of differing sexualities. 23rd Annual Meeting of the Association for Women in Psychology. Baltimore, MD.
- Firestein, B. (1998, April). Effective Counseling with Gay, Lesbian & Bisexual Clients." Invited Day Long Training Seminar (Continuing Education Credits sponsored by Centennial Area Health Education Center). Ft. Collins, CO.
- Firestein, B. (1999, March). Caucus on Bisexuality and Sexual Diversity (CBSD). Pre-Conference Training Seminar. 24th Annual Meeting of the Association for Women in Psychology. Providence, RI.
- Firestein, B. (2000, March). Concepts and Clinical Issues in Working with Transgendered Clients. 25th Annual meeting of the Association for Women in Psychology. Salt Lake City, UT.

Firestein, B. (2001) Gender Variance Symposium: Transgender Identities, Theories, and Practice. 26th Annual Meeting of the Association for Women in Psychology. Los Angeles, CA.

Firestein, B. (2002). A New View of Women's Sexual Problems. Lesbian, Gay, Bisexual, Transgender, Intersex (LGBTI) Health Summit. University of Colorado at Boulder, Boulder, CO.

TEACHING EXPERIENCE

Professional Colloquium, "Understanding Bisexuality", Department of Psychology, Colorado State University. September 1994.

Professional Issues Seminar, "Theoretical and Clinical Issues in Working With Bisexual and Exploring Clients." September 1994. Colorado State University.

Invited Lecture, "Feminist Therapy: theory and practice", May 1993, Counseling Psychology Graduate Theory Seminar, SIUC.

Intern Seminar. "Counseling Gay, Lesbian and Bisexual Clients"; APA Doctoral Interns, Counseling Center, SIUC, 1990-93.

Women's Services Professional Development Seminar Series, 1990-93.
Topics: Brief therapy, Psychopharmacology: basics of medication and referral, Confidentiality, ethics and professional behavior, Preventing burnout in help providers.

Guest Lecturer. "The Many Faces of Family Violence"; March 1991. New York University, New York, NY.

Adjunct Faculty. Graduate Seminar (Readings Course) Topic: Eating Disorders and the Family System (Spr 1990) Psychology Dept, SIUC.

Adjunct Faculty. Graduate Seminar (Readings Course) Topic: Eating Disorders, (Spring 1989). Psychology Dept, SIUC, Carbondale, IL.

Intern Seminar. "Introduction to the Eating Disorder Outpatient Program"; August, 1989. Southern Illinois University, Carbondale.

Intern Seminar. "Diagnosis and treatment of eating disorders in a college counseling center"; March, 1988, SIU-Carbondale.

Intern Seminar. "Separation and individuation"; October 1987. SIUC

Women's Studies Colloquium. "Violence in dating relationships"; October, 1986. Southern Illinois University-Carbondale.

Guest Instructor. "Wife battering: myths and realities"; Mar 1984.
Psychology of Adjustment. Austin Community College, Austin, TX.

Seminar leader. Human Sexuality course; Fall, 1982. Univ. of Texas at
Austin. Led undergrad discussion section on sexuality issues.

PROFESSIONAL AFFILIATIONS

American Psychological Association

Divisions 35, 29, 44, 42 and 17 (past)

Association for Women in Psychology

Caucus on Bisexuality and Sexual Diversity (past Co-Chair of Caucus)

National Register of Health Service Providers in Psychology

EMDRIA (EMDR International Association)

CONSULTATION, CRISIS INTERVENTION, PROGRAM EVALUATION

Crisis Intervention. Team leader for trauma debriefing following the
fire at the Pyramid Apts. involving International students at SIUC Dec
1992.

Consultation. Domestic Violence consultation with Law School staff,
1992.

Consultant. University Women's Professional Advancement (1992).
Development, publication, distribution of Women's Resource
Directory.

Consultant. Wellness Center, SIU-Carbondale (1987-1991). Provided
consultation on program development, intervention with eating disordered
clients.

Consulting liaison. Office of Women's Programs, Colorado State
University (1985-1986). Facilitated referral and system entry to
UCC; consulted with Director, re: programming for women on campus.

Consultant. Office of Apartment Life, Colorado State University
(1985-1986). Assessed staff development needs; designed, delivered
inservice training module; provided consultation to
staff/administration.

Staff development training. Office of Housing and Residence Education,
Colorado State University, (1985). Provided training on suicide
assessment and crisis intervention.

Program development. Office of Women's Programs, Colorado State University, (1985-1986). Needs assessment and program development around needs of adult survivors of child sexual abuse and incest. Inservice to Residence Life staff.

RESEARCH EXPERIENCE

Presidential/Mayoral Task Force on Sexual Assault. Evaluation of task force structure and effectiveness, November 1993.

Women's Services Telephone Survey 1993. Program evaluation survey involving representatives of various University agencies.

Descriptive Data Study of Women's Services Clients, 1987-1993. Demographic and issue-focused analysis of women's services individual therapy clients.

Women's Services Client Satisfaction Survey, 1991-92. Women's Services, SIUC, Carbondale, IL.

Research and Evaluation Team, 1987-1989. Involved in organization of agency data base and accountability systems. Review proposals for research to be conducted in the Counseling Center.

Dissertation: Abuse, social support and the psychological health of college women in dating relationships. May 1987. University of Texas at Austin.

Needs of incest survivors on college campuses; 1986. Co-designed and distributed a needs assessment instrument, analyzed results, prepared report. Colorado State University, Fort Collins, Colorado (with Rosalyn Keller).

Research assistant. Gilbert, L.A., Lee, R.N. and Chiddix, S. Influence of presenter's gender on student's evaluations of presenter discussing sex-fair counseling; an analogue study. Journal of Counseling Psychology, 1981, 28(3), 258-264.

Independent study. Myths about rape: an additional study by age and sex. Southern Methodist University, 1978.

Research proposal. (Masters Degree equivalency requirement). Content dimensions of therapist self-disclosure: effects on attitudes towards the therapist; April 1980. University of Texas, Austin.

COMMUNITY AND PROFESSIONAL SERVICE (SIU CARBONDALE)

Mental Health Connections Advisory Board, 1998-1999
 Volunteer Therapist, Mental Health Connections, 1996-2003
 Chair, Presidential/Mayoral Task Force on Sexual Assault, 1991-1996
 University Women's Professional Advancement advisory board, 1991-1996
 Minority Student Professional Development Task Force, 1986-1989
 Drug Education and Prevention Committee, Student Athlete Assistance
 Program, SIUC, 1987-1988
 Special Targets Group Committee, Colorado State University, 1985-1986
 Program Chair, Women's Caucus Executive Committee, 1988-1989
 Chair, Eating Disorders Task Force, 1987-1990

CONTINUING EDUCATION

Building Bridges: The 3rd Annual Conference of The Institute for 21st Century
 Relationships, Seattle, WA, Oct 17-19, 2003
 EMDR International Association Conference, Denver, CO Sept 2003
 Day of Mindfulness with Thich Nat Hahn, Boulder, Sept 2003
 2nd North American Bisexual Conference, San Diego, CA. Aug 2003
 Body Awareness & Movement, C. King, Bas Bleu, FC, CO. Jul 2003 (4 hrs)
 Visceral Manipulation and EMDR, J. Potts, EMDR Networking Mtg, Ft. Collins, CO,
 July 25, 2003 (2 hours)
 Perimenopause and Menopause Education, FC Women's Ctr, Apr 2003 (8 hrs)
 Jungian Psychology Lecture Series, Denver, CO, Mar-Apr 2003 (12 hrs)
 HIPAA Workshop, Denver, CO. Feb 28, 2003.
 Women's Spirituality Retreat. St. Malo, CO. Feb 21-23, 2003
 Association for Women in Psychology, Jersey City, NJ, Mar 2003 (1 hr)
 Complex Psychological Trauma and PTSD, R. Cassidy, Nov 2002 (6 hrs)
 Sleep, Stress, & Anti-Anxiety Drugs, Northglenn, CO, Nov 2002 (6 hrs)
 Association for Women in Psychology, Vancouver, BC, Jun 2002 (8 hrs?)
 Psychopharmacology, Cassidy Seminars, Denver, CO Jun 28, 2002 (6 hrs)
 Dialectical Behavior Therapy, Mountaincrest Hosp., Feb 15, 2002 (2hrs)
 Disaster Mental Health Services I, Am. Red Cross, Centennial Chapter, Ft. Collins
 CO Oct 19-20, 2001 (16 hours)
 The Body Bears the Burden: Trauma, dissociation, and disease, Sept 2001, Arvada,
 (6 hours)
 Reaching out to Always Single and Single Again Women, Karen Gail Lewis, Denver, CO
 Sept 2001 (6 hrs)
 Private Practice Sanity Workshop, J. Pipal, Denver May 2001 (14 hrs)
 Fighting Fat after thirty, Institute for Natural Resources, Thornton,
 CO, Nov 10, 2000 (6 hrs)
 Association for Women in Psychology, LA, Mar 2001, (12.5 hrs)
 Introduction to Disasters, American Red Cross, Ft. Collins, Sept 2000
 (4 hrs?)
 Jurisprudence: Legal & Ethical Issues in Mtl Hlth, D. Furman, Jun 2000 (7 hrs)
 Association for Women in Psychology, Salt Lake City, March 2000 (17.5)

Psychopharmacology: Better living through chemistry? 5/8/2000 (7 hrs)
 Reinventing Family: 3rd Annual In the Family Conference 6/2000 (10 hrs)
 Strengthening the Self (EMDR), Andrew Leeds, Ph.D. 10/2000 (14 hrs)
 Masters and Johnson: Compulsive Reenactment and Toxic Adaptations
 Sexual acting out, self-harm, and eating disorders 4/2000 (5.5 hrs)
 Association for Women in Psychology, 1999 (12 hrs)
 EMDR Level II Training, Andrew Leeds, Ph.D., Denver, Oct 1999
 EMDR Level I Training, Gerald Puk, Ph.D., Denver, May 1999
 Out in the Open 1st Annual In the Family Conf., San Fran., 1998
 International Bisexual Conference, Boston, MA, April 1998
 Midlife Metamorphosis, Dr. Beth O'Brien, Ft. Collins, Nov 1997
 Association for Women in Psychology, 1995, 1996, 1997, 1998
 American Psychological Association, 1995
 NGO Forum on Women, Beijing, China, September 1995
 Private Practice Sanity, Denver, CO, March 1996
 Colorado and Region VIII Women's Summit, Denver, CO, August 1994
 Counseling Asian American Students, Dr. Stanley Sue, April 1993
 Mid-American College Health Association, Carbondale, IL Nov 1993
 Using Hypnosis and Guided Imagery in Psychotherapy, Earl Koile, 1993
 Incest and Dissociation, Healing the Split, Christine Courtois, 1993
 From Anger to Recovery, W. Ackerman, St. Louis, Oct 1993
 Embodying Spirit, Psychotherapy and Spirituality Conf., Austin, 1993
 Bisexuality National Conference, Washington, D.C. April 1993
 Counseling Issues for Asian American Women, H. Kim, M. Lai, M. Le, T. Lu T. Nguyen
 Dec 1992
 Second International Conference on Sexual Assault, Orlando, FL 1992
 Understanding University Resources, SIU Carbondale, 1992
 Unlearning Racism, Kesho Yvonne Scott, SIU Carbondale, 1992
 Interrelationships: African-American women speak out of racism and sexual violence
 Carbondale, 1992
 Different Voices, Shared Destinies, AHP, Del Mar, CA 1992
 Therapeutic Interventions with Grief and Mourning, Theresa Rando, St. Louis, Febr
 1991
 The Trauma of Abuse, John Levitt, Carbondale, IL 1991
 Brief Therapy in Action, Simon Budman, Cape Girardeau, MO, 1990
 Lesbian Partner Abuse: Developing a community response, AWP, 1990
 Feminist Psychoanalytic Theory: A ten year retrospective, AWP, 1990
 First International Conference on Sexual Assault, Orlando, FL 1991
 National Bisexual Conference, San Francisco, 1990
 Diversity Day Workshops, 1990
 Eighth National Conference on Eating Disorders, Columbus, OH 1989
 Association for Women in Psychology, 1987-93
 National Association of Women's Centers Conference, 1988
 Eating Disorders: From Etiology to Recovery, AWP, 1989
 American Psychological Association conference, 1987, 1988
 Eating Disorders and American Culture, St. Louis, MO 1987
 The Brightest and the Best--Why Bulimia? Barbara Bauer, AWP, 1987

AIDS Training, Red Bud, IL 1987

Feminist Therapy: The Process of Demystification, L. Gannon, 1987

Sexuality and Disability, Rose Kreston, Colorado State Univ, 1986

Clinical Uses of Guided Imagery, Denver, CO 1985

Short-term Psychotherapy, Peter Sifneos, Denver, CO 1986

American College Personnel Association, 1986, 1990